



A full day costs £50 per day, and a 2 course lunch can be included for an additional £6.

Full Day £50 / Half Day £40
3 Course Lunch £9 / 2 Course Lunch £6

Anyone can refer someone to Place & Space Day Opportunities, and the process is very simple.

Once you have requested a space at Place & Space, you will be contacted by one of our team members to discuss your application and arrange a visit to Place & Space.

Our service is open 4 days per week (Monday - Thursday), and attendees can choose to attend all days, once per week, or anything in between!

Correct as of October 2025



Phone
01573 224886



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QME Care, Angraflat Road, Kelso, TD5 7NS



Your Place & Space
in the Community





QME Care is excited to announce that Place & Space has now relaunched and is open for Day Opportunities and Respite Care.

Place & Space provides specialist day opportunities in the community for older adults, and people living with Dementia. We aim to enhance wellbeing and promote positive experiences for people living with Dementia, as well as providing respite for their loved ones.

Place & Space Day Opportunities provides a place where older adults and people living with Dementia can feel at home in a safe and stimulating environment. We offer a person-centred service which provides activities and cognitive stimulation, as well as respite for carers.



We are open Monday-Thursday, from 10am until 3pm. A range of activities includes music, games, crafts, group discussion and reminiscence, and cognitive stimulation.

Unlimited Tea, Coffee, and Biscuits, is available, and attendees can also have a 2 course homecooked lunch provided by our on-site Kitchen team.

We are excited to see Place & Space become a thriving community hub for those who need it the most, where people can meet, chat, and be creative together.

We have a dedicated Coordinator and Support Worker within the project to support all your needs during your visit.

We look forward to meeting you!

